How To…
Obtain an Endocervical Specimen

PREPARING THE PATIENT*

- Choose a well-lit room.
- Describe the procedure for obtaining an endocervical specimen.
- Place the patient in the lithotomy position, drape her appropriately, and instruct her to take deep breaths.
- Using gloved hands, insert a vaginal speculum that has been lubricated with warm water.

REMOVE THE SWABS

Remove a sterile swab from the protective transport tube. Hold the swab firmly by the handle. DO NOT place the swab on any surface once it is removed from the protective transport tube.

*Note: Endocervical specimens can also be collected with cytology brush, however, cytology brushes should not be used with pregnant patients.

OBTAINING AN ENDOCERVICAL SWAB SPECIMEN**

- Remove excess mucus from exocervix using first swab or, alternatively, cotton balls in ring forceps.
- Insert second swab into the endocervical canal, past the squamocolumnar junction about 1 to 2 cm.
- Firmly rotate swab for 15–30 seconds.
- Withdraw swab without touching any vaginal surfaces.

Source:
* Nursing: Deciphering Diagnostic Tests, pages 320–321, Lippincott Williams & Wilkins (March 2007).